



DUKE'S WAIKIKI



2010 DUKE'S OCEAN MILE SWIM

*Celebrate Duke's Birthday at the Duke's OceanFest 2010
Proceeds to benefit the Outrigger Duke Kahanamoku Scholarship Fund*

DATE & TIME: Saturday, August 28th, 9:00 AM Start.
Check-in between 8:00 and 9:00 AM.

WHERE: Duke's Canoe Club on Waikiki Beach.

COURSE: Triangular course. Swim out the channel, around two outside buoys, and return to the beach.

TIMING: All entrants will be supplied with an ankle band with a timing chip, provided by Timeline.

AGE GROUPS: Men and Women: 13 and under, 14-16, 17-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 +

ENTRY FEE/DEADLINE: Swim is open to first 250 entrants. \$25 per swimmer, postmarked by August 15, 2010. Late entries will be accepted for \$35 per swimmer.

Checks payable to: Waikiki Swim Club

Mail entry fee and application to:

Timeline
P.O. Box 25566
Honolulu, HI 96825

AWARDS: Commemorative Plaques will be awarded to First Place in each age group and Gift Certificates presented to 1st, 2nd, and 3rd place finishers in each age group. All finishers will receive a continental breakfast, refreshments and 2010 Duke's Ocean Mile Swim shirt. Awards ceremony at Dukes following the race.

FOR MORE INFORMATION:

Diane Stowell: 955-3534
Email: stowell001@hawaii.rr.com
Online applications: www.dukefoundation.org

Name: _____ Phone: _____

Address: _____

Email: _____

Male _____ Female _____ Age on race day: _____

Entry Fee @ \$25	\$
Late Entry Fee @ \$35	\$
Total amount enclosed	\$

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in open water swimming, including possible permanent disability or death, and agree to assume all these risks.

AS A CONDITION OF MY PARTICIPATION IN THIS OPEN WATER SWIM, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: WAIKIKI SWIM CLUB, DUKE'S WAIKIKI, OUTRIGGER DUKE KAHANAMOKU FOUNDATION, C & C OF HONOLULU

Signature/Guardian Date

Mahalo to Outrigger Duke Kahanamoku Foundation, Honolulu City & County Lifeguards and the Outrigger Waikiki on the Beach

