

# Popoi'a Swim Race

**CHOICE OF TWO RACES:**  
1.5 Miles Around Flat Island  
or Half-Mile Buoy Swim

**Sunday 8 am**  
**May 19, 2019**

**Registration Fees:** Early bird registration **\$40** until May 13. **Register On-line at [www.active.com](http://www.active.com)** and search for Popoia. Early bird registration includes Race giveaways and refreshments. After May 13, you may register in person on race day for \$50 and giveaways may not be available. No refunds.

**More Info:** [www.kailuamasters.org](http://www.kailuamasters.org)

**Registration** and numbering begin at 6:30 a.m. **Mandatory pre-race announcements** at 7:45 a.m. **Course:** starts and finishes at Kailua Beach Park behind Kalapawai Market. The 1.5 Mile course circles Popoi'a Island (Flat Island). The half-mile course is parallel to Kailua Beach along the buoys.

**Awards:** *1.5 Mile Swim:* Top 3 M & F winners and top 3 M & F finishers in standard 5-year age groups.  
*Half-Mile Swim:* Top 3 male & female winners.

**Equipment: Swim Caps are MANDATORY!** Goggles, facemasks and snorkels are permitted. Swimmers with fins are invited to participate but will not be eligible for awards. Wetsuits/other rubberized swim suits are not authorized.

**TO REGISTER BY MAIL: Send in this form with payment. Must be postmarked by May 13, 2019.**

Name: \_\_\_\_\_ Birthday: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Telephone: \_\_\_\_\_

Race:     1.5 Mile Around Flat Island         Half-Mile Buoy Swim

Make Checks Out To: **Kailua Masters Swim Club, \$40 before May 13.**

Mail to: KMSC Popoia Swim, P.O. Box 1927, Kailua, HI 96734

**WAIVER: I have read and understand the waiver below.**

Signature/Parent if under 18: \_\_\_\_\_ Date: \_\_\_\_\_

Waiver and release statement: I agree to comply with the rules, regulations, and event instructions of the Popoia Swim. I know that swimming in the ocean is a potentially hazardous activity. I am aware of and assume all risks of swimming this event, including but not limited to contact with other participants, marine life, the effects of weather including surf conditions and currents, and the conditions of the ocean. By entering this event, I and anyone entitled to act on my behalf, waive and release from any and all claims for injuries and damages against Kailua Masters Swim Club, the City and County of Honolulu, State of Hawaii, United States of America, the sponsors, their agents and representatives. I ATTEST that I am physically fit and have sufficiently trained for competition in the Popoi'a Swim. I have read the particulars on this race application and understand that this race is a physically demanding event. I CONSENT to receive medical treatment which may be advisable in the event of illness or injury suffered by me during this event. I GIVE PERMISSION for free use of my name, voice, or picture in any broadcast, telecast, advertising promotion and other account of this event.

***Kailua Masters***  
— SWIM CLUB —